



YOUTH LEADERSHIP CONFERENCE

2026

MOSES 6:34

Wednesday, August 12th –
Saturday, August 15th

University of Waterloo

**ALL YOUTH AGES 14-18
INCLUDING YOUTH TURNING 14 THIS YEAR**

**Registration Opens
Sunday, May 17th**

Closes Monday, June 29th

ldsyoungconference.com



Youth & Parents - Information Guide

We are excited that you have chosen to attend the 2026 LDS Youth Leadership Conference!

We hope that you will find unique opportunities to create lasting friendships and memories, grow spiritually, develop leadership skills and gain confidence in living the gospel of Jesus Christ with support from other like-minded youth. Most of all, we hope that you will have lots of fun in doing so.

You will be assigned to a house with 8–10 other youth from across the region and a cool house leader who will be like either a mom, dad, big sister or older brother figure for the duration of the conference. You will work together as a “family” unit, helping each other not get lost on campus, have great faith-filled devotionals and meaningful discussions, participate in knowledgeable workshops and assemblies, and get to know others and the gospel in meaningful ways. Some great lifetime friendships have resulted from past conferences. We hope and pray that this year will be an equally enjoyable experience for you too.

The purpose of Youth Leadership Conference is to:

- **Help you draw closer to Jesus Christ**
- **Strengthen your testimony and your commitment to live the gospel**
- **Provide meaningful spiritual experiences**
- **Have fun, make new friends, strengthen existing friendships**
- **Prepare for missionary service and make and keep temple covenants**

Our theme for the conference this year comes from Moses 6:34. In the verses leading up to verse 34, God asked Enoch to preach repentance to the people—some of the most wicked the earth had ever seen.

Enoch didn't think he could do it. He told God that he was too young, nobody liked him, and he was “slow of speech” (see [Moses 6:31](#)).

But God gave Enoch a promise. He told the frightened man, “Go forth and do as I have commanded thee” and “the mountains shall flee before you, and the rivers shall turn from their course; and thou shalt abide in me, and I in you; therefore walk with me” ([Moses 6:32, 34](#)).

“Walk with Me”

You will find that Youth Leadership Conference will be organized to encourage you to walk with Him.

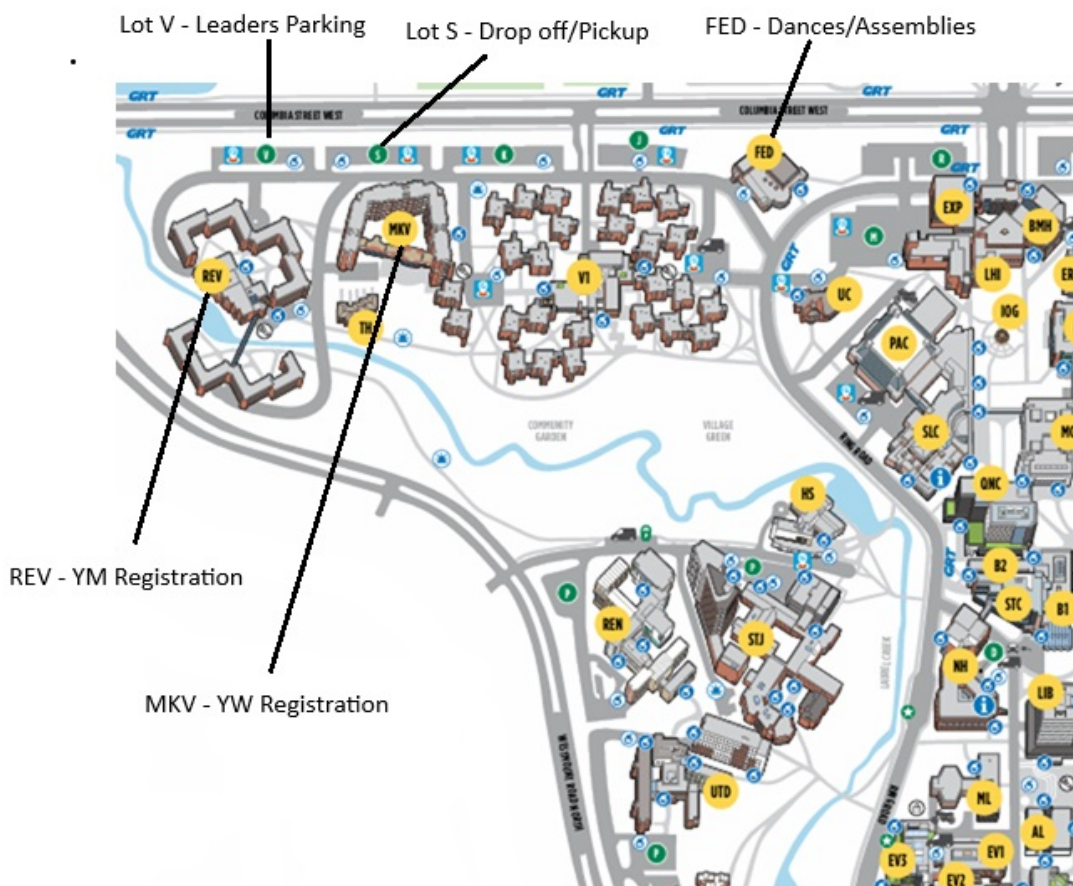
Directions once you arrive at the University of Waterloo

The drop-off and pick-up location is the parking lot nearest to **Ron Eydt Village (REV)** and **William Lyon Mackenzie King Village (MKV)**, where the youth and leaders will be staying for the duration of the conference.

Campus maps can be found on the University of Waterloo website at:

https://uwaterloo.ca/about/sites/default/files/uploads/documents/fp2102-2022-campusmappadded-tearoff_lr-final-ua.pdf

There will be attendants helping to direct traffic for parking and drop-off areas on the first day of conference. Please follow their instructions. Cars remaining on-site for the duration of the conference must receive a parking pass from an attendant to be placed on the dash and which must remain visible at all times to avoid paying parking tickets. Please be mindful that you will be responsible for any parking tickets received while on campus for failing to park in the designated areas without a proper pass.



Conference Check-In & Check-Out

Check-in time begins on Wednesday, August 12 at 7:00 AM and ends at 8:30 AM.

Parents dropping off youth should park in Lot S unless otherwise directed by an attendant.

Youth (and parents) will walk from Lot S to:

YM Registration - Ron Eydt Village (REV)

YW Registration - William Lyon Mackenzie King Village (MKV)

Cars are not permitted to drive up to either of these buildings during the drop-off or pickup times.

Upon arrival all luggage will be stored in a large storage room near the registration desk. We do not have access to the dorm rooms until mid-afternoon.

It is advisable that all luggage be packed in bags or suitcases to avoid items from being misplaced while in storage.

The schedule is arranged to allow time for all youth to move luggage from this storage room to their assigned rooms prior to dinner.

The conference ends on Saturday, August 15 at 12:30 PM. At this time, individual stake leaders are responsible for their youth and must ensure that all youth from their stake have been picked up prior to leaving campus themselves.

Pick up location is the same as drop off. Youth can be picked up between 12:30 and 1:30pm.

Packing List

Please pack clothing that is appropriate for the conference schedule and meets the **YLC Dress and Appearance Standards**, as explained below. Shoes should be comfortable and broken-in because there will be a lot of walking. Please label your luggage and belongings to avoid confusion and mix-ups.

Please bring:

- **Casual Clothing for 4 days**, which includes nice pants, jeans, or shorts; T-shirts, polo shirts or buttoned shirts; comfortable walking shoes or sandals (the amount of walking you will be doing will not permit flipflops as acceptable footwear); closed-toed shoes for sports, dances, and service opportunities; pajamas.
- **Sunday Dress Clothing for 2 days** (formal dance – Friday night and testimony meetings – Saturday morning), which includes dress pants, skirt or dress; blouse or collared button-up shirt and tie; comfortable dress shoes (heels are discouraged and painful for walking distances at the conference).
- ****PLEASE NOTE** – The activities on Day 1 are outside (rain or shine) and will involve physical activity where you may get wet and or dirty. Please wear clothing that you do not mind getting messy and that you do not intend on wearing again during the conference. You will have an opportunity to clean up at the end of this activity and prior to dinner and the dance that evening.

Other important items include:

- personal toiletry items (toothbrush, toothpaste, soap, shampoo, razor, deodorant, feminine hygiene products, sunscreen, etc.)
- scriptures
- a journal and pen to record your thoughts, impressions and feelings
- re-fillable water bottle (there are water filling stations in most buildings on campus)
- bath towel and wash cloth, shower shoes/sandals
- pillow (university pillows are not very comfortable)
- personal medications (prescriptions, headache medicine, cough drops, allergy medicine, etc.)
- band-aids or moleskin for blisters
- umbrella or rain poncho (the weather can sometimes be unpredictable)
- a fan (REV is not air-conditioned)

Please do not bring strong perfumes and colognes; some youth are extremely sensitive to strong scents.

We strongly discourage participants from bringing electronic devices such as laptops, tablets, gaming systems, etc., as we cannot guarantee the safety of these items and there is little time in the schedule available for their use. Inline skates, skateboards, and hoverboards are not allowed. No gum please! There is a charge to remove it from carpeted areas.

Lost & Found

During the conference, valuable items such as lost cell phones should be handed in to your house leader, who is instructed to turn it in to executive and administrative leaders and will endeavour to find to whom it belongs.

Once found, other items should be brought to the Lost & Found box in the cafeteria/lobby at REV. Any items remaining at the end of the conference will be brought to the next regional youth dance in Brampton.

If you have lost something, please email ldsyouthleadership@gmail.com to arrange collection of lost and found items after the conference. Any unclaimed items of value after the regional dance will be donated to charity if they don't find an owner.

“In Room” Hours

“In Room” hours at Youth Leadership Conference are 11:00 PM – 6:00 AM on Wednesday, Thursday, and Friday. Youth are expected to remain in their *assigned* rooms during these hours.

Parents of youth found outside their assigned room during these hours will be contacted and the youth will be sent home. Exceptions to this rule are the use of bathroom facilities and/or medical or other emergencies.

Damaged University Property

Please be advised that conference attendees will be responsible for damage of materials or property belonging to the University of Waterloo.

YLC Behaviour Standards

Bishoprics and branch presidencies have the responsibility to meet with each of the youth who have registered to attend YLC and review the following YLC Behaviour Standards. Following these standards will assist the youth in being receptive to the Spirit as they participate in the conference.

Youth who may have challenges following the YLC Behaviour Standards should be discouraged from attending the conference unless they are willing to commit to them in full.

- Lanyards must be worn around the neck and name tags visible at all times. There are other groups staying at the University of Waterloo so it's important you wear your lanyard and name tag properly so your leaders and university staff can distinguish you from other young people on campus.
- Be honest with and kind to everyone you meet.
- Live the law of chastity.
- Keep the Word of Wisdom.
- Obey civil and campus laws and regulations.
- Use clean and appropriate language.
- Respect the property of others, including that of the University of Waterloo.
- Adhere to the YLC Dress and Appearance Standards (see below).
- When dancing, avoid full body contact and do not use moves that are suggestive of sexual or violent behaviour or are otherwise inappropriate.
- Willingly participate in scheduled activities. You agreed to come to conference – get as much out of the it as possible.
- Encourage others in all aspects of conference participation.
- Keep your leaders informed of your whereabouts and remain with your house and branch when required.
- Remain in your dorm room during “In Room” time after 11:00 PM. You may not wander after “lights out” unless it's to use the washroom or for an emergency.
- Young Men should never enter the residence of the Young Women and vice versa.

It has been usually customary for young men to escort young women to and from activities, but neither should feel forced to do so. Young men should remain respectful if a young woman declines being escorted.

Reasons for Early Departure from the Conference

Activities for which a participant will be sent home early include, but are not limited to, the following:

- stealing, possessing firearms, knives, or any harmful weapon
- doing anything harmful to yourself or others, or putting your safety or the safety of others at risk
- violating the Word of Wisdom
- violating the law of chastity
- entering a young women residence, if you are a young man, or vice versa
- leaving campus grounds without permission for any reason
- violating the “In Room” hours policy
- repeatedly disregarding leaders’ instructions and YLC standards

YLC Dress and Appearance Standards

The following are the dress and appearance standards, as approved by the Regional Youth Council:

| | Young Men | Young Women |
|--|---|--|
| <i>Best Casual (majority of the conference)</i> | <ul style="list-style-type: none"> • Pants: jeans, khakis, shorts to the knee • Shirts: t-shirts, polo, collared • Hoodies: hood down • Shoes: running shoes, deck shoes, sandals • No flip flops, ripped jeans, vulgar pictures or words on clothing, hats | <ul style="list-style-type: none"> • Pants: jeans, capris, shorts to the knee • Tops: t-shirt or blouse covering the shoulders, midriff and cleavage • Hoodies: hood down • Shoes: running shoes, canvas shoes or sandals • No flip flops, ripped jeans, tight-fitting clothing such as leggings or spandex, vulgar pictures or words on clothing, hats |
| <i>Church Dress (formal dance and last day meetings)</i> | <ul style="list-style-type: none"> • Pants: slacks, khakis, chinos, dress pants • Shirts: collared shirt, tucked in • Tie: done up at the neck • Shoes: dress shoes - solid coloured dark, running shoes • No flip flops, jeans, t-shirts, hoodies or hats • Suit jacket not necessary (it will likely be too warm) | <ul style="list-style-type: none"> • Dress or skirt to the knee, dress pants • Modest tops: shoulders, midriff and cleavage must be covered • Shoes: dress shoes, sandals • No flip flops, jeans, t-shirts, hoodies, leggings/spandex |
| <i>Sports Dress (Day 1 activities)</i> | <ul style="list-style-type: none"> • Shorts to the knee, sweatpants • T-shirt • Running shoes • No ripped shorts, vulgar pictures or words on clothing, spandex | <ul style="list-style-type: none"> • Shorts to the knee, sweatpants • T-shirt covering shoulders, midriff and cleavage • Running shoes • No ripped shorts, vulgar pictures or words on clothing, spandex |

All clothing worn at YLC should be modest, neat and clean, without rips or tears. Please no sheer/see-through, low-cut, too-short skirts or shorts, or tight-fitting clothing. Youth will be asked to return back to their dorm room to change if they are in violation of the dress code.

YLC Cell Phone and Electronics Policy

As convenient as cell phones are, they can be a frustrating and unwelcome distraction. Cell phones should not interrupt or disrupt YLC activities. To show courtesy and respect for everyone involved, YLC participants are asked to follow these guidelines:

- Please do not use cell phones for texting, conversation, e-mail, gameplay, or anything else during general assemblies, workshops, devotionals, or other activities other than during free time.
- Please have your cell phone on silent or airplane mode during activities. It's strongly recommended you turn off the vibrate feature for notifications to avoid the temptation to access your cell phone immediately upon receiving a notification.
- Please be respectful of others when using camera features. Do not take pictures when its use could be unwelcome, distracting, or an interruption during activities.

The atmosphere at YLC is both spiritual and social. Cell phone use (including texting) typically isolates users and limits their ability to communicate well with those around them. We want you to have fun, communicate with those around you face-to-face, and be receptive to the Spirit.

Escorting & “The Ask”

ESCORTING

It is encouraged that young men escort young women to and from the events during Youth Leadership Conference. This can be done by linking arms with the person next to you, with their permission, or by walking touchless next to the person beside you. The purpose or escorting are to:

- Meet and get to know new people
- Develop conversation skills
- Ensure that everyone reaches their destination safely

Escorting is not intended to be an exclusive or dating experience. Young men and young women are encouraged to walk and talk with as many people as they feel

comfortable with. It is okay for you to say you are not comfortable with escorting if you do not want to do it, for whatever reason.

“THE ASK”

The young men within a branch customarily prepare a special way of asking the young women in their branch to the formal dinner and dance on the Friday evening of the conference. We encourage the young men and their house leaders to prepare a creative way to accomplish this invitation.

This invitation is NOT a single or exclusive couple invitation. The young men in a branch are to only ask and escort the young women within their branch to dinner and the dance. By no means are the young men and young women in the branch expected to remain together for the entire duration of the dance, though they are encouraged to sit together and talk during the formal dinner.