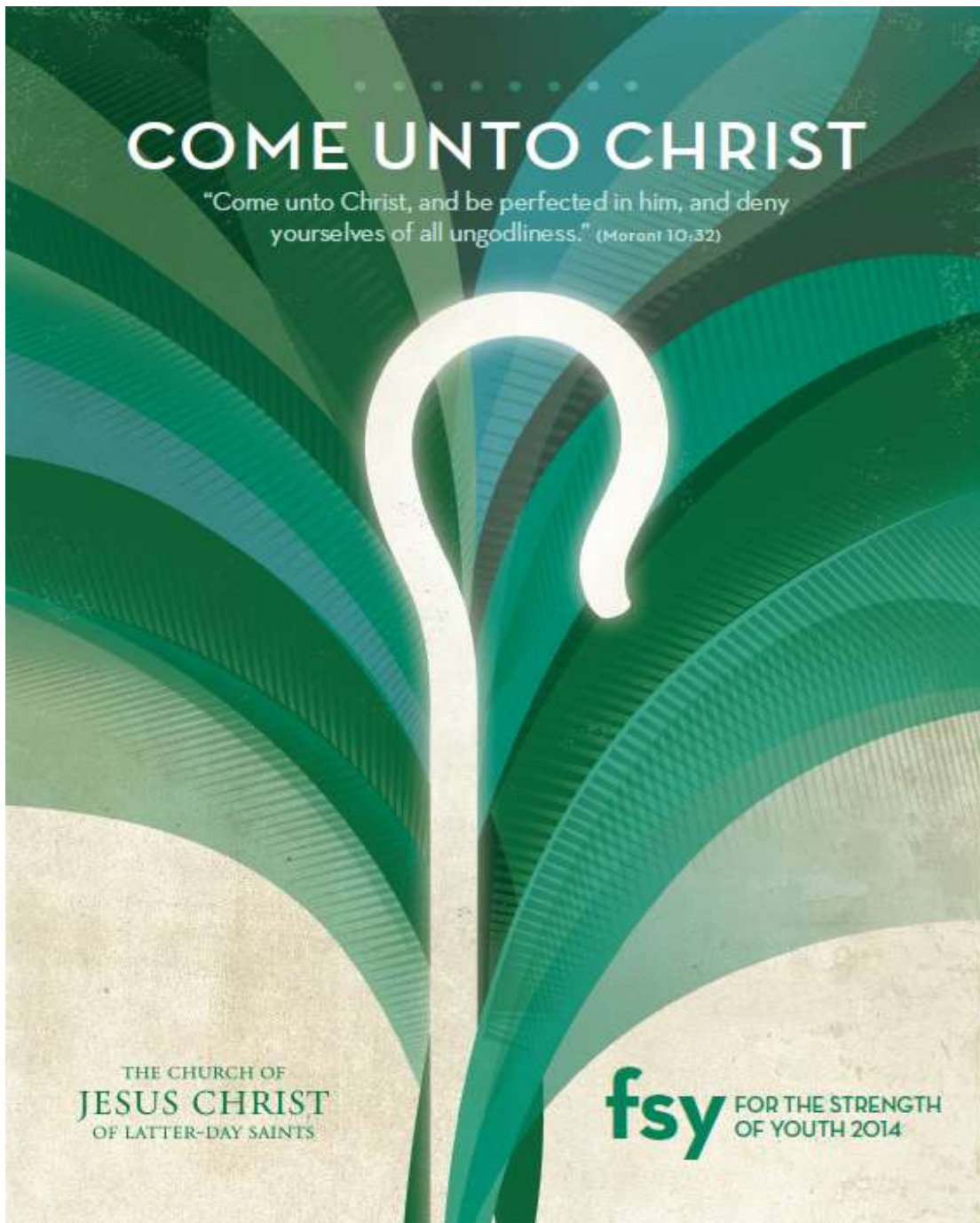


# 2014 Youth Leadership Conference Youth Packet



**University of Western Ontario  
London, Ontario  
August 13-16, 2014**

# **Welcome**

We are delighted that you have chosen to attend the 2014 LDS Youth Leadership Conference. We hope that you will find unique opportunities to develop lasting friendships, grow spiritually, develop leadership skills and gain confidence in living the Lord's standards for youth in a caring, trusting, accepting and exciting atmosphere.

## **Conference Theme**

Come unto Christ and be perfected in him and deny yourselves of all ungodliness. (Moroni 10:32)

## **Youth Leadership Conference Purpose**

To help our youth develop undeniable testimonies of the gospel that lead them toward the blessings of mission service and temple marriage

## **Youth Leadership Conference General Information**

YLC 2014 will be held at the University of Western Ontario (UWO) in London, Ontario starting on Wednesday, August 13, 2014 and ending on Saturday, 16 August, 2013. Directions to UWO can be found further in this document.

Where you may have questions regarding conference content, your responsibilities, what to bring, behaviour and dress standards, and the location of the events of the conference, please review the remainder of this document as the majority of the information herein has been prepared with these questions in mind.

# Directions to University of Western Ontario (UWO)

1. Drop-off and pick-up location will be the same in **Huron Flats Parking Lot** of UWO Campus
2. Directions and map can be found below:

Coming from all Stakes East of London Stake:

1. Take **Hwy 401 West**
2. At exit 186, Wellington Road, Exit toward **London/Centre-ville/Downtown**
3. Turn right onto **Wellington Rd. S**
4. Turn left onto **Commissioners Rd. E**
5. Turn right onto **Wharncliffe Rd S/ON-4 N**
6. Continue onto **Western Road** until you come to **traffic light at entrance to Althouse Faculty of Education entrance.**
7. **Turn left into Althouse Faculty of Education parking lot and then follow road until you come to Ontaio Hall parking lot. See map on following page for more details**

Coming from all other points Southeast and East of London, Ontario”

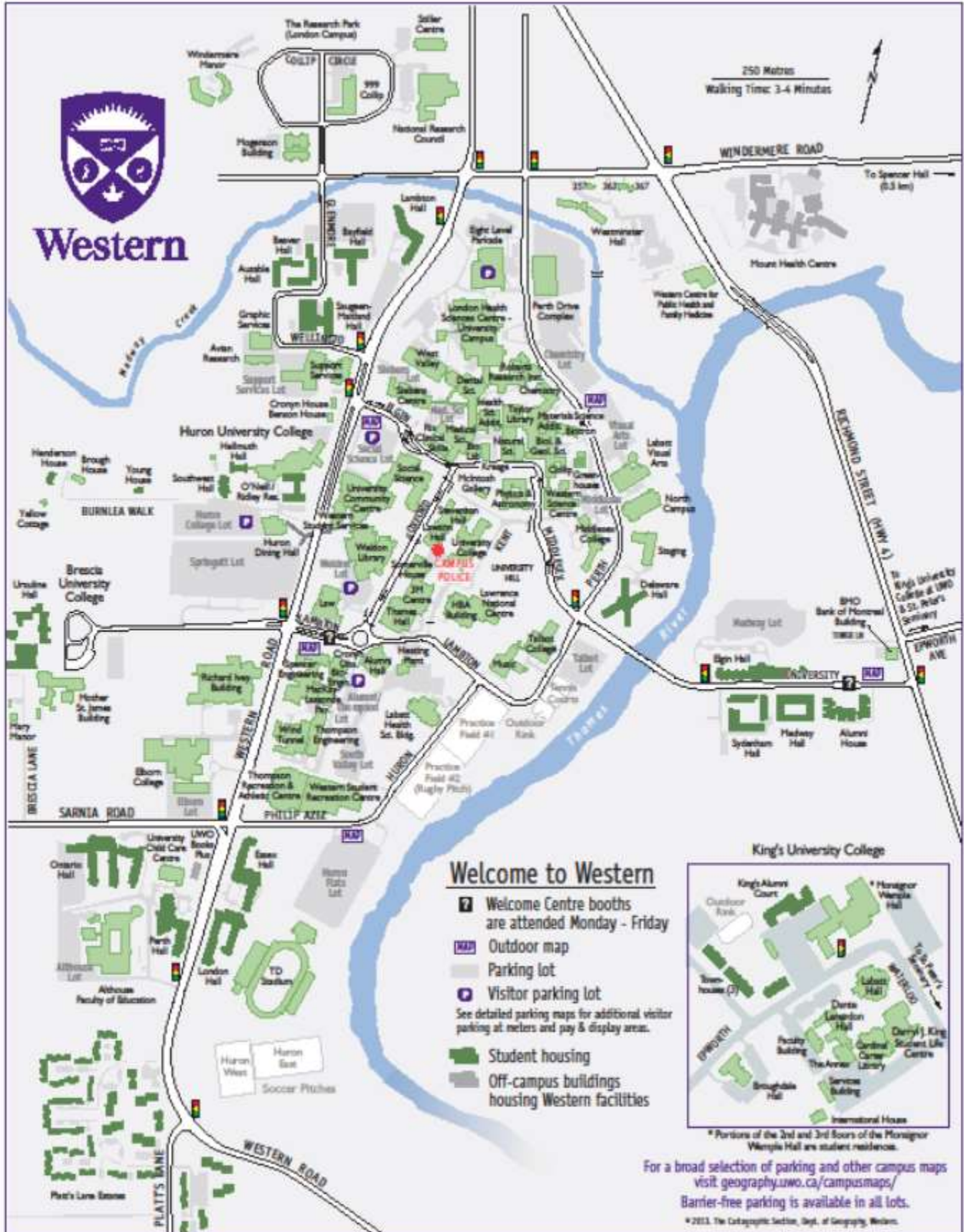
1. Take **Hwy 401 East**
2. At exit 186, Wellington Road, Exit toward **London/Centre-ville/Downtown**
3. Turn right onto **Wellington Rd. S**
4. Turn left onto **Commissioners Rd. E**
5. Turn right onto **Wharncliffe Rd S/ON-4 N**
6. Continue onto **Western Road** until you come to **traffic light at entrance to Althouse Faculty of Education entrance.**
7. **Turn left into Althouse Faculty of Education parking lot and then follow road until you come to Ontaio Hall parking lot. See map on following page for more details**

Please also find link to map and directions to Huron Flats Parking lot UWO at:

<http://ontario.ldsyouthconference.com/>

3. Parking for drop-off and pick-up will not require a parking pass. We kindly inform you that be aware that you will be required to pay for any parking tickets received while on campus.
4. House Leaders will receive a parking pass and keys to residences at time of registration

# University of Western Ontario Campus Map



# Orientation, Packing List, and Other Information

## Conference Check-In

Plan to arrive at the campus at the allotted time for your stake as described below.

Conference Check-In schedule is as follows:

- House Leaders from All Stakes – 7:00am
- Kitchener and London Stakes – 7:00am
- Brampton, Toronto, and Hamilton Stakes – 7:30am
- Barrie, Oshawa, and Sudbury Stakes – 8:00am

## Conference Check Out

Youth Leadership Conference officially ends on Saturday August 16, 2013 at 4:00 pm sharp and at which time youth will be turned over to the responsibility of their respective stakes. Please note that Presiding officers cannot be counted upon after the close of the conference to watch or insure youth are picked-up.

Please arrange to be picked up where you were dropped off between 4:30 - 5:00 p.m. at the latest to allow Conference organizers the opportunity to complete final check-out procedures, return keys, etc. in a timely fashion.

## Packing List

- Clothing that meets **YLC General Schedule** and **YLC Behaviour and Dress Standards**
- Personal hygiene items (Toothbrush, Toothpaste, Soap, Shampoo, Deodorant, etc)
- Scriptures, Strength for Youth pamphlet, and a journal
- Bath towel.
- Alarm Clock, watch
- Required medications
- Umbrella
- Optional: Camera, sports equipment
- Spending money as needed

## Lost & Found Property

Please contact Sister Ann Holtby via email at [aholtby@brocku.ca](mailto:aholtby@brocku.ca) to arrange collection of items that may have been lost during youth leadership conference. Any lost and found items left over will be kept by for one month and after that time items will be donated to charity.

## Lost or Damaged University Property

Be advised that if you lose or damage materials belonging to UWO, you may be required to cover the cost or replace of said items without liability or cost to the church.

# YLC Behavior Standards

It is essential to follow the standards as described herein as these standards will allow you to have the spirit with you during the course of the conference (D&C 130:20-21). All standards herein are based on the standards in the **For the Strength of Youth** booklet; we would encourage you to read this booklet prior to attending YLC.

A brief summary of the conference behaviour standards are as follows,

- Be honest
- Live the law of chastity
- Obey civil and campus laws
- Use clean language
- Respect property of others, including that of UWO
- Keep the Word of Wisdom
- Adhere to conference **YLC Dress and Appearance Standards**
- Willingly participate in all scheduled activities
- Encourage others in all aspects of conference participation
- Young Men may escort Young Women to and from all activities
- Stay in your house, twig, and branch groups for all activities
- Remain in your residence after your evening Twig Devotional
- Other than scheduled twig devotionals, **AT NO TIME**, may any YM enter the residence of a YW, and vice versa

Activities for which a participant will be sent home early include, but are not limited to, the following:

- Stealing, Possessing firearms, knives, or any harmful weapon
- Doing anything harmful to themselves or others
- Violating the Word of Wisdom
- YM inside a YW residence, or vice versa, other than for Twig devotionals
- Leaving campus grounds without permission for any reason
- Leaving residences after 11pm each night
- Repeatedly disregarding leaders instructions and YLC standards

# YLC Dress and Appearance Standards

The following chart lists appropriate styles of dress and appearance for the 4 basic dress standards of Formal, Semi-formal, Best Casual, and Sports at YLC for both Young Men and Young Women.

Please see videos on the website below for examples of appropriate YLC dress standards:

<http://ldsyoungconference.com/information.php>

Youth Leadership Conference Dress Standards Summary		
	Young Men	Young Women
Formal	<ul style="list-style-type: none"> <li>• Two-piece suit, buttoned-up dress shirt, tie, and dress shoes</li> <li>• Hair should be neat and tidy and well-groomed facial hair</li> <li>• No hoodies, jeans, piercing jewelry, hats, chains, or running shoes</li> <li>• Tattoos should not be visible at any time</li> </ul>	<ul style="list-style-type: none"> <li>• Dress or skirt should be knee length or longer</li> <li>• Dresses/tops not revealing, sleeveless, or strapless, and cover back &amp; shoulders</li> <li>• No hoodies, leggings, jeans, multiple ear rings, hats, chains, or running shoes</li> <li>• Tattoos should not be visible at any time</li> <li>• Hair should be neat and tidy</li> </ul>
Semi-Formal	<ul style="list-style-type: none"> <li>• Buttoned-up dress shirt, dress pants, tie, and dress shoes</li> <li>• Hair should be neat and tidy and well-groomed facial hair</li> <li>• No hoodies, jeans, piercing jewelry, hats, chains, or running shoes</li> <li>• Tattoos should not be visible at any time</li> </ul>	<ul style="list-style-type: none"> <li>• Dress or skirt should be knee length or longer</li> <li>• Dresses/tops not revealing, sleeveless, or strapless, and cover back &amp; shoulders</li> <li>• No hoodies, leggings, multiple ear rings, hats, chains, or running shoes</li> <li>• Tattoos should not be visible at any time</li> <li>• Hair should be neat and tidy</li> </ul>
Best Casual	<ul style="list-style-type: none"> <li>• Shirt with sleeves, not ripped, nor contain vulgar or suggestive wording</li> <li>• Pants should not be overly baggy or hang below waist line</li> <li>• Jeans not to be ripped or frayed with limited fading and patching</li> <li>• Hair should be neat and tidy and well-groomed facial hair</li> <li>• Tattoos should not be visible at any time</li> </ul>	<ul style="list-style-type: none"> <li>• Shirt with sleeves, not ripped, nor contain vulgar or suggestive wording</li> <li>• Pants should not be overly baggy or hang below waist line</li> <li>• Jeans not to be ripped or frayed with limited fading and patching</li> <li>• Hair should be neat and tidy</li> <li>• Tattoos should not be visible at any time</li> <li>• Multiple earrings or other piercings are inappropriate</li> </ul>
Sports	<ul style="list-style-type: none"> <li>• Shorts and track suit pants</li> <li>• Shirt with sleeves, not ripped, nor contain vulgar or suggestive wording</li> <li>• Running shoes</li> <li>• No shorts above knee, no shorts with holes or slashes, no spandex, no cut-offs</li> </ul>	<ul style="list-style-type: none"> <li>• Shorts and track suit pants</li> <li>• Shirt with sleeves, not ripped, nor contain vulgar or suggestive wording</li> <li>• Running shoes</li> <li>• No shorts above knee, no shorts with holes or slashes, no spandex, no cut-offs</li> </ul>

# YLC Dress and Appearance Standards Examples

## Formal Dress Standard



## Semi-Formal Dress Standard





# YLC Dress and Appearance Standards Examples

## Best Casual Dress Standard



## Sports Dress Standard



efy™ ESPECIALLY FOR YOUTH

# Appearance



### Conservative Hair Styles

Hair should be clean and neat with no extreme styles or unnatural colors.

### Piercings

Only one pair of earrings should be worn in your ears, and just one earring per ear. No other face or body piercings.

### Clothing

Avoid being sloppy or inappropriately casual:

- Clothing should cover the shoulders.
- Skirts and tops must cover the stomach and back.

Skirts, dresses and shorts must extend at least to the knee.

Footwear should be worn at all times; footwear should be appropriate for the activity (i.e., Sunday footwear should not be designed for the beach or an athletic activity).

**Rule Out Delays... Measure up to standards Before check-in.**

*Thanks!*

How are you measuring up?

efy™ ESPECIALLY FOR YOUTH

# Appearance



### Conservative Hair Style

Hair must be trimmed above the collar. Ears and eyes must be visible; no ponytails, pigtails, braids, designs, carving (including Mohawks) or completely shaved heads; no unnatural hair color.

Tucking the hair behind the ears or hiding it under a hat does not meet these expectations.

### Clean Shaven

- No facial hair of any kind.
- Sideburns must not extend below the ear lobes or onto the cheek.

### Piercings

No face, head or other body piercings are acceptable.

### Clothing

Avoid being sloppy or inappropriately casual; pants must be worn at the waist; no underwear should be visible.

### Unacceptable Clothing Includes:

- Hats worn indoors
- Shirts without sleeves
- Inappropriate logos or artwork, offensive or suggestive words, etc.
- Tight clothing
- Other revealing attire
- Faddish clothing (i.e., Gothic, emo, etc.)
- Shorts that do not extend to the knee
- Baggy/saggy pants

Footwear should be worn at all times; footwear should be appropriate for the activity (i.e., Sunday footwear should not be designed for the beach or an athletic activity).

**Rule Out Delays... Measure up to standards Before check-in.**

*Thanks!*

How are you measuring up?

# YLC Cell Phone and Electronics Policy

Youth are discouraged from bringing cell phones and other electronics to the conference. Those who leave devices at home will get more from the conference because they can focus on building relationships with other youth and feeling the Spirit without the distractions those devices can provide.

If you feel you must bring electronics with you, you may do so. But remember that, as convenient as these devices are, they can be a frustrating and unwelcome distraction to both the user and to the people nearby. Because of this, the conference has adopted the following policies with regard to their use.

- Please do not use cell phones for texting, conversation, e-mail, game play, or anything else during organized general assemblies, workshops and branch or house devotionals.
- If you feel you must have your cell phone with you, please turn it off during activities to avoid the temptation to use it.
- Camera Features — If your cell phone has a camera, please do not use it when its use could be unwelcome, distracting, or an interruption to others.

Leaders of the conference will closely watch how this change in policy affects the conference and, based on their experience, will determine whether or not devices will be allowed at future events.

\* Note: YLC requires specific YLC leaders to be available through radios and cell phones for purposes of organization and emergencies. We appreciate everyone's understanding regarding this necessity.

# **Escorting at YLC**

## **How to Make Escorting a More Positive Experience for All**

### **Purpose of Escorting**

The purpose of escorting at YLC is to be respectful, courteous & as a fun way to get to know one another. It's also a good way for youth to learn conversation skills, which are a key dating skill. That said, this is not intended to be a date, or an exclusive pair-off situation.

As youth walk together, they should introduce themselves and ask questions of the other person to ensure conversation

### **Proper Escorting at YLC**

Proper & successful escorting is when a Young Man (YM) walks with a Young Woman (YW), from one event/location to the next.

Traditionally, the YM asks the YW if he can escort her. She should accept his invitation and then he extends his elbow and allows her to reach her hand through and they walk with their arms linked. Below are some suggested topics as conversation starters to ask your escorting partner:

- \* which ward/stake are they in?
- \* how old are they?
- \* do they have brothers or sisters?
- \* what hobbies or interests they enjoy?
- \* what school they attend?
- \* how long they have been members of the church?
- \* how many years they have attended YLC?
- \* what do they like about YLC?

The walk should be filled with conversation, not just two people walking in silence.

### **Escorting Etiquette For Youth**

When escorting or being escorted, your escorting partner's answers may not be similar to yours and that is okay – you are just getting to know them. You don't need to like the same things, but you should be respectful and accepting of their differences. Be pleasant and polite. You can ask to escort someone you already know, but then you will be missing out on getting to know someone new. You shouldn't ask the same person multiple times as then that person is not given the opportunity to meet others. Remember this is just a walk from one building/place to the next with the opportunity for conversation and meeting new people. It is not intended to be the introduction to the person you will get married to for eternity.

Relax. Have fun.

# Suggested Ways for YM to ask YW to Formal Dinner and Dance

YLC has a long tradition of YM asking YW to the formal dinner and dance. It is fun for both YM and YW if done with creativity and everyone does their part. This is an activity that also teaches our youth positive dating behavior.

For the Friday Night Formal Dance, a twig of YM will ask the YW of their twig to the dance. They are to do this in a creative way, which when done right, *may* require preparation and supplies. The male house leader needs to come prepared with supplies and/or ideas for the YM to use. There should be minimal cost in the supplies so there will not be a huge discrepancy in how YW are asked.

The twig of YM should discuss and choose the method they want to use in asking the YW. Below are listed some ways this has been done in the past. There are usually two steps:

**Step 1:** The twig of YM do something as a group, in which they ask the YW in their twig if they will go to the formal dinner/dance with them, such as:

## Examples:

- All the YM serenade the YW with a song or poem, whether original or a parody changed in a way to ask the YW to the formal. (Something like this could be done with no materials)
- The YM create a sign with a cute/nice saying on it asking the YW to the formal.
- Foot Ball Banner: The YM create a banner that says something like "please may we have the honour of escorting you to formal".
- Candy Bar Poster: Create a poster using candy bars for some of the words and make a cute/nice saying on it asking the YW to formal.
- S-p-e-l-l-i-t-o-u-t: Using separate pieces of paper spell out something to ask the YW to formal and have each of the YM holding up one or two of the pieces.
- String them Along: Take a long piece of string going from one place to the next and somewhere in the middle have a note saying "we're not just stringing you along keep going" and at the end of the string have the YM waiting for the YW and surprise them asking them to formal.

**Step 2:** Pair up a YM and a YW so they will know who they are to escort to the dinner and to the dance. (Once at the dance, they can dance the first dance if they wish, or they can separate.)

## Examples:

- Blindfold the YW, and have the YM stand in a line and the YW walk up to them and whoever they get to first is their escort.
- Write a note: All the YM write a cute short note with their name on it and then they put in a hat/bag and the YW randomly pick out a note and whoever's note they pull out is their escort.
- Treasure Hunt: The YM can create a treasure hunt in an area, where they have hidden slips of paper with their names on them and once the YW find a slip of paper, the YM's name on, is their escort.
- Pick a tie: The leader takes all the ties from the YM and puts them together. Then each YW pulls out a tie and the YM who that tie belongs to, is the escort.
- May I: the YM can decide ahead of time which YW they would like to escort, and then they can have the YW line up, have a rose or flower, get down on their knee and ask them "may I....."
- bring cookies or some sort of goodies and hand to the YW as they ask if they can escort them.
- make tissue paper corsages and or tissue paper flowers to hand to the YW as they ask if they can escort them.

## 2014 Youth Leadership Conference General Schedule

Wednesday, Aug 13		Thursday, Aug 14		Friday, Aug 15		Saturday, Aug 16			
Activity (Location) (Dress Code)		Activity (Location) (Dress Code)		Activity (Location) (Dress Code)		Activity (Location) (Dress Code)			
7:00 to 8:45	Registration & Residence Check In (Ontario Hall) (Best Casual)	7:00 to 8:45	Arise, Prepare, Breakfast, and Devotional (Residences) (Best Casual)	7:00 to 8:45	Arise, Prepare, Breakfast, and Devotional (Residences) (Best Casual)	7:00 to 9:45	Arise, Prepare, Clean Residence, Breakfast, Pack Luggage, & Devotional (Residences) (Breakfast)		
9:00 to 9:30	House Orientation (Residences) (Best Casual)	9:00 to 10:30	General Assembly (Alumni Hall) (Best Casual)	9:00 to 10:30	General Assembly (Alumni Hall) (Best Casual)				
9:45 to 10:30	YLC Orientation (Alumni Hall) (Best Casual)								
10:40 to 11:20	Branch Orientation (University Hill) (Best Casual)	10:45 to 11:30	Workshop 3 (Workshop Rooms) (Best Casual)	10:45 to 11:30	Workshop 5 (Workshop Rooms) (Best Casual)	10:00 to 11:30	General Assembly (Alumni Hall) (Semi-formal)		
11:30 to 12:45	Lunch (Residences) (Best Casual)	11:45 to 12:30	Workshop 4 (Workshop Rooms) (Best Casual)	11:45 to 12:30	Workshop 6 (Workshop Rooms) (Best Casual)	11:30 to 12:45	Lunch and Store Luggage (Residences) (Semi Formal)		
		12:30 to 1:30	Lunch	12:30 to 1:30	Lunch				
1:00 to 2:45	General Assembly (Alumni Hall) (Best Casual)	1:30 to 4:00	Sports (14-15) (Huron Practice Fields) (Best Casual/Sports)	Service Activity (16-18) (Service Project Site) (Sports/Best Casual)	1:30 to 4:00	Sports (16-18) (Huron Practice Fields) (Best Casual/Sports)	Service Activity (14-15) (Service Project Site) (Sports/Best Casual)	1:00 to 2:45	Testimony Meetings (Meetings Rooms) (Semi-Formal)
3:00 to 3:45	Workshop 1 (Workshop Rooms) (Best Casual)							3:00 to 4:00	Goodbyes
4:00 to 4:45	Workshop 2 (Workshop Rooms) (Best Casual)	4:00 to 5:00	Free Time	4:00 to 5:00	Free Time				
5:00 to 6:45	Dinner (Dining Halls) (Best Casual)	5:00 to 6:45	Dinner (Dining Halls/Residences) (Semi-formal/Best Casual)	5:00 to 6:45	Modest Formal Dinner (Dining Halls) (Formal)				
7:00 to 10:00	Opening Social (Alumni Hall) (Best Casual)	7:00 to 10:00	Games Night (University Community Center) (Best Casual)	7:00 to 10:00	Modest Formal Dance (Alumni Hall) (Formal)				
10:30	Twig Devotionals (Twig Leader Residence) (Casual)	10:30	Twig Devotionals (Twig Leader Residence) (Best Casual)	10:30	Twig Devotionals (Twig Leader Residence) (Formal)				
11:00 to 11:30	In Residences Lights Out	11:00 to 11:30	In Residences Lights Out	11:00 to 11:30	In Residences Lights Out				